



ISSUE 3 · WEEK 6 TERM 1

# IMMACULATE HEART NEWS



KADANCE LANGLEY – YEAR 10 MEDIA

## Message from the Principal's Desk

*Mrs Sammantha Da Luz*

St. Ignatius of Antioch once wrote, "I wish not merely to be called Christian, but also to be Christian." Holding the title of "Christian" is one thing, but when life demands action, truly being a Christian becomes an entirely different experience. As one of the first martyrs of the Church, St. Ignatius of Antioch displayed what it means to be a Christian during the most difficult times. St. Ignatius stayed faithful to God even when doing so would cost him his life.

This incredible example of St. Ignatius of Antioch serves to remind us that when the world tests our faith, by staying faithful to God, God will be faithful to us, too.

I opened my newsletter today with this reflection in response to many who have made contact with me, and who are facing major obstacles and challenges in their lives. It is thus timely, to remind our school community about how we treat others: with kindness and respect. As a Catholic college, we model ourselves upon the examples set by Jesus and because of His love for us, we in turn, care and cherish each other – in the classroom, in the playground, even online. We have a duty of care extended to each and every student enrolled at this college which includes protecting their privacy and affording them dignity which is one of the Catholic Church's social teachings and tradition. Every staff member is also afforded those same rights and care at Immaculate Heart College. A breach of our college's conduct policies for students, staff, parents and community, may be revisited and referred to through our college website.

This week saw the start of the OLN tests for students who did not prequalify through Year 9 NAPLAN or the OLN last year. Please keep those students in your prayers and they strive to be successful in order to fulfil graduation at the end of the year. Teachers have commenced their Interim Reports which we hope to release to all families by the end of next week. We encourage you to make a time by booking online, to meet with your child's teachers and to receive a snapshot of how well they have settled or whether there are any concerns to address. Further instructions on how to book in, will be forthcoming.

Students will have been selected for the upcoming ACC Interschool Secondary Swimming Carnival on Monday 13 March. We wish our team the very best and hope they will enjoy the experience of competing at an interschool level.

Even though we are in the middle of Lent, we will be running a special event to commemorate a religious event: St Patrick's Day. We will be holding a St Patrick's Bake stall to help raise money for the Year 6 end of year camp and graduation events on Thursday 16 March. St Patrick's Day which occurs on 17 March is a Feast Day within the liturgical calendar and as such, we have been permitted to run such an event to celebrate all things Irish, even with green cupcakes! Please support this event coming up next week as our students, staff and families get busy baking!

Until next time, I would like to extend an Irish blessing for all of you; the traditional St Patrick's Breastplate prayer is rather long. Here is a shorter and similar version of a better known blessing:

*May the road rise up to meet you,  
May the wind always be at your back,  
May the sun shine warm upon your face,  
and rains fall soft upon your fields.  
And until we meet again,  
May God hold you in the palm of His hand.*

*May good luck be with you wherever you go, and your blessings outnumber the shamrocks that grow.*

*May your days be many and your troubles be few, May all God's blessings descend upon you,*

*May peace be within you, May your heart be strong, May you find what you're seeking wherever you roam.*

*May you have the hindsight to know where you've been  
the foresight to know where you're going  
and the insight to know when you're going too far.*

*Amen.*

## Save the Dates

For further details, please visit the College Calendar:

<http://ihc.wa.edu.au/calendar/>

### Monday 13 March

ACC Interschool Swimming Carnival

### Thursday 16 March

Year 6 Bake Sale Fundraiser

### Friday 17 March

St Patrick's Day  
Years 3 to 6 Swimming Carnival

### Monday 20 March

NAPLAN Testing Period Begins

### Friday 24 March

Annunciation Mass

### Monday 27 March

NIPSSA Primary School Interschool Swimming Carnival

### Tuesday 28 March

Parent / Teacher Interviews - students dismissed at 12:20pm

### Thursday 30 March

Primary School Incursion - WASO Concert  
Sacrament Information Evening - 6:00pm

### Sunday 2 April

Palm Sunday

### Thursday 6 April

Term 1 Concludes

### Friday 7 April

Good Friday

### Assemblies Term 1

Tuesday 21 March - Year 5 Assembly  
Tuesday 28 March - Secondary School  
Tuesday 4 April - Year 4

## From the Heart

In Week 6 of Term 1 we find ourselves in the Second Week of Lent. Hopefully, we are all entering into our own personal desert experiences where we engage in prayer (e.g. Stations of the Cross), fasting (e.g. going without lollies) and almsgiving (e.g. putting a coin or two in the Project Compassion Boxes).



The First Reading of the College Mass on Ash Wednesday was taken from Saint Matthew's Gospel, Chapter 6. It quoted Jesus telling us not to advertise our Lenten observances. It included the line: "Then your Father, who sees what is done in secret, will reward you." It should be noted, however, that this encouragement of Jesus for us to be secretive does not mean that students therefore should keep secrets from their parents or carers. It is simply an encouragement to remain humble throughout Lent.

One strong motivation to keep observing our Lenten disciplines for all 6 weeks is to dedicate our efforts for a worthy cause, such as people in need. A good example of this can be found in one of the 4 stories highlighted on the Caritas website for this year's Project Compassion. It features Thu and his wife Linh who live in Vietnam. Thu lost his right leg at the age of 12 when he accidentally stood on a land mine. To make matters worse, Linh suffered a stroke recently and is consigned to a wheelchair.

Through the help of money from Project Compassion, Thu was able to obtain a low-interest loan which he used to open his own barber shop. Imagine the great good that comes from IHC students deliberately going without lollies or some money for the benefit of people, such as Thu and Linh, who they will most probably never meet in this life. Such is the beautiful power of Lent.

*Mr Paul Kelly - Head of Theology, Faith and Liturgy*

## Year 6 Leadership Speech Presentations

*Mrs Bianca McLaughlin*

On Friday 3 March, parents, teachers and the Year 5 students all gathered in the Assembly Hall to spend the afternoon listening to the Year 6 leadership speeches. The students presenting had spent the previous week being taught all things 'public speaking' by Mrs Da Luz and it was incredible to see them all making eye contact, speaking with pace and intonation, and ensuring they adjusted the microphone before speaking. At the conclusion of the speeches, Year 5 students were invited to our polling booth, where they had to cast a vote for Head Boy and Head Girl. The students enjoyed placing their votes in to our very own IHC ballot box!



We are so incredibly proud of all the students who presented, who have been working very hard these past few weeks to deliver an inspirational and promising speech. Please join me in congratulating the 2023 Primary School Head Boy and Head Girl: Mitchell Diano and Tahlia Searle.



## Physical Education Department

*Mr Daniel Martin*

### Swimming Lessons

Primary School students have been attending swimming lessons and we are very thankful for the amazing weather. It has been great to see all students from Pre-primary to Year 6 behaving beautifully while at the same time enjoying being in the pool. Hopefully this will all continue as we start to gear up for our Primary Swimming Carnival on Friday 17 March.

### 100km Run Club

Run club has now been running for four weeks with an amazing turnout not only from students, but parents and teachers as well. This year, due to the awesome numbers, we have 5 different ability groups starting from our walkers all the way up to our runners. We will also be continuing the tradition where certain students will try and complete 100km before the end of the year at which point they will be rewarded with a trip to Rottnest. Also, this year for our 100km students we have QR Code lanyards where students will scan in after they complete each run which will then be digitally added to their total amount. Thanks again to all the parents and teachers who have been lending a hand every Friday morning.



## The Speedway Life Journal

Our very own Kayden Puglia featured in The Speedway Life Journal as part of their 'Stars on their Rise' article. Kayden drives an Outlaw Kart at the Pinjar Junior Motorcycle Speedway track.

"This is Kayden's first year in any type of racing. He's done three races at Pinjar with all podium finishes: 3rd, 3rd, 2nd and he just completed his 4th race at the Motorplex with his first ever feature win. He is now the youngest kid to ever win a feature at the Motorplex."

Congratulations Kayden! We are sure we will see you racing professionally in the future!

Photographs featured in the magazine